Aragon Housing Association

Winter 2011 ▪ Issue 9

inspire

AIR Aragon Youth Panel

SUMMER DIMENSIONS 2011

Our summer activity programme for children and young people was a massive hit with various activities like fitness, sport, the Rave bus and arts events – over 200 people took part.

Sessions took place in Cranfield, Woburn, Flitwick, Shefford, Arlesey, Stotfold, Shillington, Ampthill, Marston, Sandy, Biggleswade, Haynes, Potton, Harlington, Everton and Langford.

SHEFFORD'S GOT TALENT 2011

This great community event took place in Shefford over two occasions in October and November. Five acts performed and were judged by Shefford Mayor Paul Mackin along with Aragon ROAR member Linda Harrison and DJ Danny G. Well done to everyone.

THE RESULTS:
1ST – SOLO SINGER MEGAN
2ND DANCE GROUP – SYNTROPIC
3RD JUGGLING ACT – ALEX AND RICHARD
4TH PIANIST – LEO GREEN
5TH FREESTYLE DANCE – CHRIS ARNOLD

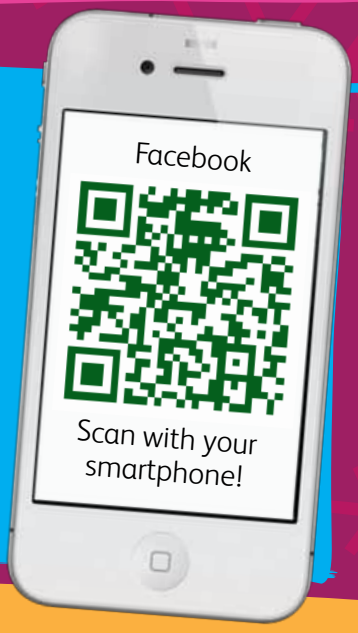
STRATOSPHERE YOUTH PUB

Stratosphere is held in the Stratton Suite at Stratton House hotel on the last Wednesday of each month from 7pm - 9pm. There will be a Christmas party on 21st December. We'd love to see you there.

SOME 2012 DATES:
25 JAN – CREATIVE FUN
29 FEB – CHILL NIGHT
28 MARCH – THEMED PARTY DISCO

FACEBOOK

Check out Aragon's own new Facebook page at **www.facebook.com/aragonhousingassociation** for all the latest news and pictures about what Aragon is up to. Scan this barcode on your smartphone and it will take you straight there.



MINISTRY OF YOUTH

The nightclub for young people held at the cellar bar in the White Hart Ampthill came to the end of its three year run earlier this month. The club has seen over 130 young people attend and has been successful a great success.

DOMESTIC VIOLENCE WEEK

AIR, the Aragon Youth Panel, thinks it's really important to highlight the issue of domestic violence. So what is it? Domestic violence can be any incident of threatening behaviour, violence or abuse (psychological, physical, sexual, financial or emotional) between adults who are or have been intimate partners or family members, regardless of gender or sexuality. It can affect anyone regardless of age, race, social group, religion, disability, or sexual orientation, and happens in the home, somewhere people think of as a 'safe place'. Yet, the home is the most likely place for a woman or child to be physically or sexually assaulted, or emotionally abused. People who experience domestic violence will often find it difficult to get help.

If you need to talk to someone there are support and advice lines available.

VICTIM SUPPORT
TEL: 01234 844280
MONDAY-FRIDAY 9AM-5PM

CHILDLINE
FREE NATIONAL HELPLINE FOR YOUNG PEOPLE IN DANGER OR DISTRESS.
TEL: 01234 844280
MONDAY-FRIDAY 9AM-5PM

NEW!! SHEFFORD YOUTH HUB

If you're looking for somewhere to go on the chilly winter evenings there's a new drop-in club for young people aged 11 to 17 being held at Shefford Community Hall, Ampthill Road on the first and second Tuesdays of the month. Opening times are from 6.30pm - 9.30pm. There will be hot and cold drinks and light snacks available.

DATES: TUESDAYS
3 AND 10 JANUARY
7 AND 14 FEBRUARY
6 AND 13 MARCH
3 AND 10 APRIL

AIR UPDATE

The members worked hard to help out with the summer programme this year and in the planning for Shefford's Got Talent.

FLITWICK YOUTH CLUB

Young people at the club enjoyed an evening of pampering in September. Treats included luxurious relaxing hand massages and artistic nail painting.

MIND THE GAP PROJECT

This was set up by Jo Mayes (2010 Bedfordshire's Young Person of the Year). Its aim is to educate young people about mental health issues and support those who are affected by mental health issues, either by suffering themselves or seeing it in others. It also aims to teach adults about mental health in young people. Jo uses her own real life experiences to inform the project. If you would like to know more contact Jo on **jojomayes@hotmail.com.**

RAVE BUS

The mobile drop-in for young people popped along to Everton during the summer. Look out for the Rave Bus in your town or village and join in the fun games and activities on board.